



Proper dental care is essential for maintaining your pet's overall health and well-being. Just like humans, pets are susceptible to dental disease which can lead to tooth loss, pain or infection. Regular at home dental care can reduce the risk of dental disease, extend the time between professional cleanings and improve your pets quality of life.

1 Brushing Your Pets Teeth

- **Start slowly:** Try to make it routine and a positive experience. Begin by gently rubbing their gums with your finger, then move on to a pet-safe toothpaste and add in a toothbrush when they are comfortable
- **Frequency:** Ideally your pet's teeth should be brushed daily, if that's not possible then aim for at least 3 times a week.
- **Technique:** Brush their teeth, focusing at the gumline, in small circular motions. Make sure to get all sides of the teeth!

[HOW TO VIDEO](#)

2 Chews



- Giving your pet something to chew on can help reduce plaque and tartar
- VOHC-Approved chews and treats have undergone testing and studies to show that their products have been proven to reduce plaque and tartar and help improve oral health
- Always supervise your pets when giving them chews, and select the right size appropriate for your pet
- Avoid toys or chews that may be too hard like antlers or bones. If you are not able to indent your finger nail or wouldn't want to hit yourself in the knee cap with it, it's too hard and can cause fractures

3 Water Additives & Food Toppers

- Water additives can be added into your pet's drinking water and can help with plaque and tartar build up
- Products like "Plaque Off" is a powder that can be sprinkled on top of your pets food

4 Dietary Support

- Specially formulated dental diets can help control plaque and tartar buildup. Many different brands of pet food offer kibble designed to aid in dental health such as Hills Prescription t/d, Science Diet Oral Care, Royal Canin Dental or Purina DH

VOHC RECOMMENDED PRODUCTS

VOHC (Veterinary Oral Health Council) recognizes products that have undergone trials and studies according to VOHC protocols. Look for the VOHC seal of approval on products that show they are proven to reduce plaque and/or tartar.

[DOGS - CLICK HERE](#)



[CATS - CLICK HERE](#)

